

Salads

Shepherd's salad (mixed leaf salad, marinated cheese, cherry tomatoes, olives)	CHF	8.50
Oriental salad (couscous salad with mint, sultanas and nuts)	CHF	7.50
Side salad	CHF	4.–
Choice of dressing: French, Balsamic, Italian or "Birnel" mustard (pear syrup mustard, vegan)		

Sandwiches

Silser	CHF	5.–
Rye bread (vegan)	CHF	6.–
Semmel	CHF	6.–
Ciabatta	CHF	8.–
Vital bread	CHF	8.–

Toasted sandwich

Ham-cheese	CHF	6.–
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Soups

Pea and mint soup (hot or cold)	CHF	7.50
Weekly soup	CHF	7.50

Pasta

Spaghetti, Penne or gluten-free pasta with			
– Tomato sauce (vegan)	small port.	CHF 7.50	CHF 14.50
– Basil pesto	small port.	CHF 7.50	CHF 14.50
– Bolognese	small port.	CHF 8.50	CHF 16.50
– Weekly sauce	small port.	CHF 8.50	CHF 16.50

Main dishes

Plant-based burger with fries		CHF 19.50
Beef burger with fries	small port.	CHF 11.50 CHF 19.50
Beef burger gluten-free with seasonal salad		CHF 22.50
+ Cheese		CHF 1.–
+ Bacon		CHF 1.–

Fitness plate: mixed salad and raw vegetables with		
– chicken nuggets		CHF 17.50
– crispy fried perch		CHF 17.50
– vegetable falafel (vegan)		CHF 17.50

Pocket bread, salad, hummus, herb lemonette and raw vegetables with		
– chicken		CHF 17.50
– vegetable falafel (vegan)		CHF 16.–

Red lentil dahl, swiss chard and almond yogurt-mint sauce with		
– chicken		CHF 19.50
– vegetable falafel (vegan)		CHF 17.50
– crispy fried perch		CHF 19.50

Beetroot gersotto with mozzarella cream		CHF 14.50
Plant-based nuggets with fries	small port.	CHF 10.– CHF 15.50
Chicken nuggets with fries	small port.	CHF 12.50 CHF 20.50

Crispy fried perch with fries small	small port.	CHF 12.5	CHF 19.–
Portion of fries	small port.	CHF 7.–	CHF 9.–
Hot Dog			CHF 7.50
1 wiener with fries			CHF 8.–
2 wieners with bread			CHF 6.–
2 wieners with fries			CHF 10.–
Hummus with			
– vegetable sticks (vegan)		CHF	7.50
– nachos (vegan)		CHF	7.50

Snacks

Croissants		CHF	1.50
Croissants with filling		CHF	2.50
Birchermüsli		CHF	6.–
Fruit salad		CHF	6.–
Granola with yoghurt and berries		CHF	7.–

Desserts

Small pastry		starting at CHF	2.50
Donut		CHF	3.50
Seasonal cake / pie		starting at CHF	3.50

Ice cream

Assorted flavours of ice cream		starting at CHF	2.50
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Drinks

Coffee / Tea

Espresso	CHF	3.60
Coffee crème / Double espresso	CHF	4.–
Cappuccino / Latte Macchiato / Milk coffee	CHF	5.–
Hot chocolate / Ovomaltine (Swiss)	CHF	4.50
Wild berry punch	CHF	4.50
Glattfelder tea	CHF	4.50
Babycino	CHF	1.50
Hot / cold milk	CHF	4.–

Soft drinks (from dispenser, only on restaurant side)

Coca-Cola, Fanta, Sprite, Fusetea, Valser	3 dl	CHF 3.– / 4 dl	CHF 4.–
Syrup	glass/carafe		CHF 1.50/5.–
Spring water	glass/carafe		CHF 0.–

Bottles (PET)

Valser sparkling, Valser still	PET	5 dl	CHF 4.50
Coca-Cola, Coca-Cola zero, Fanta, Sprite, Shorley, Rivella red	PET	5 dl	CHF 5.–
Focuswater and Bio Schorle drinks selection	PET	5 dl	CHF 5.50
Alpenkräuter Bio Eistee	PET	5 dl	CHF 5.50

Beer

Calanda Edelbräu	5,2 %	33 cl	CHF 5.50
Calanda Radler	2 %	33 cl	CHF 5.50
Calanda 0.0% (alcohol-free)		33 cl	CHF 5.50
Erdinger wheat beer	5,3 %	33 cl	CHF 6.–
Erdinger wheat beer (alcohol-free)		33 cl	CHF 6.–

Wine

Red: Falco Rosso, Toscana, Merlot / Sangiovese	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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White: Orvieto classico DOC Bigi, Umbria, 5 different grape varieties	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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Sparkling wine: Charme Delea Ticino	1 dl	CHF 7.– / 7,5 dl	CHF 45.–
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OVAVERVA Apéro

White wine spritz (sweet or sour)	CHF	7.–
Aperol spritz (Aperol, Prosecco, soda)	CHF	10.–
Long drinks (with 4cl spirits and filler)	CHF	14.–
Hibiscus gin (gin with hibiscus tonic)	CHF	14.–
Sanbittèr Rosso (alcohol-free)	1 dl	CHF 5.–
Crodino Bitter (alcohol-free)	1 dl	CHF 5.–
Schweppes hibiscus tonic (alcohol-free)	2 dl	CHF 6.–

Declaration

Meat	Beef	Switzerland, Austria
	Turkey	Germany
	Chicken (Chicken Nuggets)	Switzerland
	Poultry	Switzerland

Sausages and cold cuts	Wieners (pork)	Switzerland
	Salami (pork)	Switzerland
	Cooked ham (pork)	Switzerland
	Raw ham (pork)	Italy / Switzerland
	Lyoner sausage (pork)	Switzerland
	Coppa (pork)	Italy
	Streaky bacon (pork)	Switzerland
	Meatloaf (pork/beef)	Switzerland

Fish	crispy fried perch, freshwater fish	EU
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Dairy products and eggs We only use dairy products and eggs from Switzerland.

Palm oil We do not use palm oil in our baking or cooking.

Allergens We will be pleased to provide you with information on possible allergens in individual dishes. Kindly ask our employees.

Lunch plate See our weekly menu for the sourcing of ingredients in our lunch plate.

English



BISTRO

OVAVERVA

Hallenbad • Spa • Sportzentrum

St. Moritz

05/2024