

Salads

with a slice of bread

Mixed salad (lettuce, carrots, red and white cabbage)	CHF	6.–
Spelt salad (with lentils, cauliflower, olives, pomegranate, garden herbs)	CHF	7.50
Winter salad (lettuce, chicken with beer & honey marinade, carrots, peanuts)	CHF	7.50
Choice of dressing: French, Balsamic, Italian or honey mustard		

Sandwiches

Laugen	CHF	5.–
Semmel	CHF	6.–
Bagel	CHF	6.50
Triangolo	CHF	6.50

Toasted sandwich

Ham-cheese	CHF	5.–
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Soups

with croutons

Carrot & curry soup with coconut (vegetarian)	CHF	7.50
Goulash soup	CHF	7.50
Weekly soup	CHF	7.50

Pasta

Spaghetti, penne or gluten-free pasta				
– Tomato sauce	Child's portion	CHF	7.50	CHF 14.50
– Ham and cream sauce	Child's portion	CHF	8.50	CHF 16.50
– Bolognese sauce	Child's portion	CHF	8.50	CHF 16.50
– Chickpea & spinach sauce (vegan)	Child's portion	CHF	8.50	CHF 16.50
– Weekly sauce	Child's portion	CHF	8.50	CHF 16.50

Main dishes

Burger (beef) with fries	small port.	CHF	9.80	CHF 18.50
Vegi burger with fries				CHF 14.50
Pita with chicken				CHF 15.50
Pita with falafel (vegetarian - new recipe)				CHF 15.50
Crispy Alaska pollock fillet with wild rice and coleslaw salad				CHF 18.50
Vegetable lentil curry with wild rice (vegan)				CHF 15.50
Chicken nuggets with fries	small port.	CHF	9.80	CHF 15.50
Fishsticks with fries	small port.	CHF	9.80	CHF 15.50
Portion of fries	small port.	CHF	5.–	CHF 7.50
Nachos with hummus				CHF 7.50
Hot Dog				CHF 5.–
1 wiener with fries				CHF 5.90
2 wieners with bread				CHF 5.90
2 wieners with fries				CHF 7.90

Every Wednesday:

Hot vegetable strudel with salad garnish	CHF	8.–
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Breakfast

Croissants	CHF	1.50
Croissants with filling	CHF	2.50
Rice pudding with apple compote	CHF	6.–
Birchermüsli	CHF	6.–
Fruit salad	CHF	6.–
Power muesli (oat flakes, chia seeds, almond/soy milk, blueberries)	CHF	6.50
Scrambled eggs with toast	CHF	7.–
Scrambled eggs with bacon and toast	CHF	9.50
Fried eggs with toast	CHF	7.–
Fried eggs with bacon and toast	CHF	9.50

Breakfast special

Eggs any style with bacon, toast, 2dl fruit juice or coffee	CHF	11.50
Eggs any style with bacon, toast, breakfast cup, 2dl fruit juice or coffee	CHF	14.50

Desserts

Small pastry	starting at CHF	2.50
Donut	CHF	3.50
Muffin	CHF	5.–
Seasonal cake / pie	starting at CHF	3.50

Ice cream

Assorted flavours of ice cream	starting at CHF	2.50
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Drinks

Coffee / Tea

Coffee crème / Espresso	CHF	3.20
Double espresso	CHF	3.50
Cappuccino / Latte Macchiato / Milk coffee	CHF	4.20
Hot chocolate / Ovomaltine (Swiss)	CHF	3.50
Glattfelder tea	CHF	4.–
Babycino	CHF	1.50
Hot / cold milk	CHF	2.80

Soft drinks (from dispenser, only on restaurant side)

Coca-Cola, Fanta, Sprite, Fusetea, Valser	3 dl	CHF 3.– / 4 dl	CHF 4.–
Syrup		glass/carafe	CHF 1.50/5.–
Spring water		glass/carafe	CHF 1.–/5.–

Bottles (PET)

Coca-Cola, Coca-Cola zero, Fanta, Sprite	PET	4,5 dl	CHF 4.50
Fuse tea, Shorley, Rivella red, Valser sparkling, Valser still	PET	5 dl	CHF 4.50
Chaya, Liim's and Focuswater drinks selection	PET	5 dl	CHF 5.50

Beer

Calanda Edelbräu	5,2 %	33 cl	CHF 4.50
Calanda Radler	2 %	33 cl	CHF 4.50
Calanda senza (alcohol-free)		33 cl	CHF 4.50
Erdinger wheat beer	5,3 %	33 cl	CHF 5.50
Erdinger alcohol-free		33 cl	CHF 5.50

Wine

Red: Falco Rosso, Toscana, Merlot / Sangiovese	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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White: Orvieto classico DOC Bigi, Umbria, 5 different grape varieties	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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Sparkling wine: Charme Delea Ticino	1 dl	CHF 7.– / 7,5 dl	CHF 45.–
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Apéro hot and cold

White wine spritz (sweet or sour)	CHF	6.–
Aperol spritz (Aperol, Prosecco, soda)	CHF	10.–
Sanbittèr Rosso (alcohol-free)	1 dl	CHF 4.–
Crodino Bitter (alcohol-free)	1 dl	CHF 4.–
Schweppes hibiscus tonic (alcohol-free)	2 dl	CHF 5.–
Wild berry punch	CHF	3.50
Homemade apple-ginger punch with/without alcohol	CHF	6.–/5.–
Homemade mulled wine	CHF	6.–

Declaration of origin / Allergens

Meat	Beef	Switzerland, Austria
	Goulash soup	Austria
	Turkey	Germany
	Chicken (Chicken Nuggets)	Brazil ¹
	Chicken breast	Switzerland, Poland or Brazil ¹
Sausages and cold cuts	Wieners (pork)	Switzerland
	Salami (pork)	Switzerland
	Cooked ham (pork)	Switzerland
	Raw ham (pork)	Italy
	Lyoner sausage (pork)	Switzerland
	Coppa (pork)	Italy
	Streaky bacon (pork)	Switzerland
Fish	Alaska pollock (fish sticks), wild seafood	North-West Pacific
	Alaska pollock fillet (main dish), wild seafood	North-East Pacific
	Tuna fish, wild seafood	Indian Ocean

¹ Can be produced with non-hormonal performance boosters such as antibiotics.

Allergens

We will be pleased to provide you with information on possible allergens in individual dishes. Kindly ask our employee.

See our weekly menu for the sourcing of ingredients in our daily specials.

English



OVAVERVA

Hallenbad • Spa • Sportzentrum

St. Moritz