

Salads

with a slice of bread

Mixed salad (lettuce, red cabbage, edamame and cashews)	CHF	7.–
Winter salad (lettuce with carrots marinated in honey and thyme)	CHF	7.–
Rice salad (red rice, salsify, sweet potato, pomegranate, chilli, parsley)	CHF	8.50
Choice of dressing: French, Balsamic, Italian or honey mustard		

Sandwiches

Laugen	CHF	5.–
Semmel	CHF	6.–
Bagel	CHF	6.50
Triangolo	CHF	6.50

Toasted sandwich

Ham-cheese	CHF	5.–
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Soups

with croutons

Cabbage and beetroot soup with cranberries (vegan)	CHF	7.50
Potato soup with pearl barley and meat	CHF	7.50
Weekly soup	CHF	7.50

Pasta

Spaghetti, penne or gluten-free pasta				
– Tomato sauce	Child's portion	CHF	7.50	CHF 14.50
– Ham and cream sauce	Child's portion	CHF	8.50	CHF 16.50
– Bolognese sauce	Child's portion	CHF	8.50	CHF 16.50
– Kale pesto (vegan)	Child's portion	CHF	8.50	CHF 16.50
– Weekly sauce	Child's portion	CHF	8.50	CHF 16.50

Main dishes

Plant-based burger with fries				CHF 19.50
Burger (beef) with fries	small port.	CHF	11.50	CHF 19.50
Salmon burger with fries				CHF 19.50
Gluten-free burger (meat or salmon) with seasonal salad				CHF 22.50
Pita with falafel (vegan)				CHF 15.50
Pita with chicken				CHF 15.50
Moroccan vegetable stew with wild rice (vegan)				CHF 18.50
Moroccan stew with chicken, vegetables and wild rice				CHF 18.50
Plant-based nuggets with fries	small port.	CHF	9.80	CHF 15.50
Chicken nuggets with fries	small port.	CHF	12.50	CHF 20.50
Fishsticks with fries	small port.	CHF	9.80	CHF 15.50
Portion of fries	small port.	CHF	5.–	CHF 7.50
Nachos with hummus				CHF 7.50
Hot Dog				CHF 5.–
1 wiener with fries				CHF 5.90
2 wieners with bread				CHF 5.90
2 wieners with fries				CHF 7.90

Every Wednesday:

Polenta with fried eggs (vegetarian)				CHF 8.–
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Breakfast

Croissants	CHF	1.50
Croissants with filling	CHF	2.50
Sweet couscous with pomegranate	CHF	6.–
Birchermüsli	CHF	6.–
Lassi (yoghurt, milk, powdered sugar with fruit or spices)	CHF	6.–
Power muesli (oat flakes, chia seeds, almond/soy milk, seasonal compote)	CHF	6.50
Scrambled eggs with rye bread (vegan)	CHF	7.–
Scrambled eggs with toast	CHF	8.50
Scrambled eggs with bacon and toast	CHF	11.50
Fried eggs with toast	CHF	8.50
Fried eggs with bacon and toast	CHF	11.50

We only use dairy products and eggs from Switzerland.

Breakfast special

Eggs any style with bacon, toast, 2dl fruit juice or coffee	CHF	14.50
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Eggs any style with bacon, toast, breakfast cup, 2dl fruit juice or coffee	CHF	17.50
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Desserts

Small pastry	starting at	CHF	2.50
Donut		CHF	3.50
Seasonal cake / pie	starting at	CHF	3.50

Ice cream

Assorted flavours of ice cream	starting at	CHF	2.50
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Drinks

Coffee / Tea

Coffee crème / Espresso	CHF	3.20
Double espresso	CHF	3.50
Cappuccino / Latte Macchiato / Milk coffee	CHF	4.20
Hot chocolate / Ovomaltine (Swiss)	CHF	3.50
Glattfelder tea	CHF	4.–
Babycino	CHF	1.50
Hot / cold milk	CHF	2.80

Soft drinks (from dispenser, only on restaurant side)

Coca-Cola, Fanta, Sprite, Fusetea, Valser	3 dl	CHF 3.– / 4 dl	CHF 4.–
Syrup		glass/carafe	CHF 1.50/5.–
Spring water		glass/carafe	CHF 0.–

Bottles (PET)

Valser sparkling, Valser still	PET	5 dl	CHF 4.–
Coca-Cola, Coca-Cola zero, Fanta, Sprite, Shorley, Rivella red	PET	5 dl	CHF 4.50
Focuswater and Bio Schorle drinks selection	PET	5 dl	CHF 5.50
Alpenkräuter Bio Eistee	PET	5 dl	CHF 5.50

Beer

Calanda Edelbräu	5,2 %	33 cl	CHF 4.50
Calanda Radler	2 %	33 cl	CHF 4.50
Calanda 0.0% (alcohol-free)		33 cl	CHF 4.50
Erdinger wheat beer	5,3 %	33 cl	CHF 5.50
Erdinger alcohol-free		33 cl	CHF 5.50

Wine

Red: Falco Rosso, Toscana, Merlot / Sangiovese	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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White: Orvieto classico DOC Bigi, Umbria, 5 different grape varieties	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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Sparkling wine: Charme Delea Ticino	1 dl	CHF 7.– / 7,5 dl	CHF 45.–
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Apéro hot and cold

White wine spritz (sweet or sour)	CHF	6.–
Aperol spritz (Aperol, Prosecco, soda)	CHF	10.–
Sanbittèr Rosso (alcohol-free)	1 dl	CHF 4.–
Crodino Bitter (alcohol-free)	1 dl	CHF 4.–
Schweppes hibiscus tonic (alcohol-free)	2 dl	CHF 5.–
Wild berry punch	CHF	3.50
Homemade apple-ginger punch with/without alcohol	CHF	6.–/5.–

Declaration of origin / Allergens

Meat	Beef	Switzerland, Austria
	Turkey	Germany
	Chicken (Chicken Nuggets)	Switzerland
	Chicken breast	Switzerland

We only use poultry from Switzerland.

Sausages and cold cuts

Wieners (pork)	Switzerland
Salami (pork)	Switzerland
Cooked ham (pork)	Switzerland
Raw ham (pork)	Italy
Lyoner sausage (pork)	Switzerland
Coppa (pork)	Italy
Streaky bacon (pork)	Switzerland
Meatloaf (pork/beef)	Switzerland

Fish

Alaska pollock (fish sticks), wild seafood	Northeast-Northwest Pacific
Salmon, wild seafood	Northeast-Northwest Pacific
Tuna fish, wild seafood	Indian Ocean

Allergens

We will be pleased to provide you with information on possible allergens in individual dishes. Kindly ask our employee.

See our weekly menu for the sourcing of ingredients in our daily specials.

English



BISTRO

OVAVERVA

Hallenbad • Spa • Sportzentrum

St. Moritz