

Salads

Mixed salad (lettuce, carrots, tomatoes, celery)	CHF	6.–
Quinoa salad (Jerusalem artichoke, blackberries, coriander, chilli)	CHF	8.50
Fitness salad (garlic lemon chicken with pickled courgette and aubergine)	CHF	8.50
Choice of dressing: French, Balsamic, Italian or honey mustard		

Sandwiches

Laugen	CHF	5.–
Semmel	CHF	6.–
Bagel	CHF	6.50
Triangolo	CHF	6.50

Toasted sandwich

Ham-cheese	CHF	5.–
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Soups

Sweet potato and lentil soup with turmeric (vegan)	CHF	7.50
Weekly soup	CHF	7.50

Pasta

Spaghetti, penne or gluten-free pasta				
– Tomato sauce	Child's portion	CHF	7.50	CHF 14.50
– Ham and cream sauce	Child's portion	CHF	8.50	CHF 16.50
– Bolognese sauce	Child's portion	CHF	8.50	CHF 16.50
– Spicy lentil ragout (vegan)	Child's portion	CHF	8.50	CHF 16.50
– Weekly sauce	Child's portion	CHF	8.50	CHF 16.50

Main dishes

Burger (beef) with fries	small port.	CHF	11.50	CHF 18.50
Plant-based burger with fries				CHF 18.50
Caesar pita				CHF 15.50
Pita with falafel (vegan)				CHF 15.50
Crispy pike-perch fillet on seasonal salad, avocado and apple dressing and home-made remoulade sauce				CHF 19.50
Vegi kofte on seasonal salad, avocado and apple dressing and home-made hummus				CHF 18.50
Chicken nuggets with fries	small port.	CHF	9.80	CHF 15.50
Plant-based nuggets with fries	small port.	CHF	9.80	CHF 15.50
Fishsticks with fries	small port.	CHF	9.80	CHF 15.50
Portion of fries	small port.	CHF	5.–	CHF 7.50
Nachos with hummus				CHF 7.50
Hot Dog				CHF 5.–
1 wiener with fries				CHF 5.90
2 wieners with bread				CHF 5.90
2 wieners with fries				CHF 7.90

Every Wednesday:

Focaccia with tomatoes and mozzarella	CHF	8.–
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Breakfast

Croissants	CHF	1.50
Croissants with filling	CHF	2.50
Birchermüsli	CHF	6.–
Seasonal fruit sundae	CHF	6.–
Semolina with seasonal compote	CHF	6.–
Power muesli (oat flakes, chia seeds, almond/soy milk, blackberries)	CHF	6.50
Scrambled eggs with toast	CHF	7.–
Scrambled eggs with bacon and toast	CHF	9.50
Fried eggs with toast	CHF	7.–
Fried eggs with bacon and toast	CHF	9.50

Breakfast special

Eggs any style with bacon, toast, 2dl fruit juice or coffee	CHF	11.50
Eggs any style with bacon, toast, breakfast cup, 2dl fruit juice or coffee	CHF	14.50

Desserts

Small pastry	starting at CHF	2.50
Donut	CHF	3.50
Muffin	CHF	5.–
Seasonal cake / pie	starting at CHF	3.50

Ice cream

Assorted flavours of ice cream	starting at CHF	2.50
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Drinks

Coffee / Tea

Coffee crème / Espresso	CHF	3.20
Double espresso	CHF	3.50
Cappuccino / Latte Macchiato / Milk coffee	CHF	4.20
Hot chocolate / Ovomaltine (Swiss)	CHF	3.50
Wild berry punch	CHF	3.50
Glattfelder tea	CHF	4.–
Babycino	CHF	1.50
Hot / cold milk	CHF	2.80

Soft drinks (from dispenser, only on restaurant side)

Coca-Cola, Fanta, Sprite, Fusetea, Valser	3 dl	CHF 3.– / 4 dl	CHF 4.–
Sirup		glass/carafe	CHF 1.50/5.–
Spring Water		glass/carafe	CHF 1.– /5.–

Bottles (PET)

Coca-Cola, Coca-Cola zero, Fanta, Sprite	PET 4,5 dl	CHF 4.50
Fusetea, Shorley, Rivella red, Valser sparkling, Valser still	PET 5 dl	CHF 4.50
Chaya, Liim's and Focuswater drinks selection	PET 5 dl	CHF 5.50

Beer

Calanda Edelbräu	5,2 %	33 cl	CHF 4.50
Calanda Radler	2 %	33 cl	CHF 4.50
Calanda 0.0% (alcohol-free)		33 cl	CHF 4.50
Erdinger wheat beer	5,3 %	33 cl	CHF 5.50
Erdinger alcohol-free		33 cl	CHF 5.50

Wine

Red: Falco Rosso, Toscana,
Merlot / Sangiovese 1 dl CHF 6.– / 7,5 dl CHF 39.–

White: Orvieto classico DOC Bigi,
Umbria, 5 different grape varieties 1 dl CHF 6.– / 7,5 dl CHF 39.–

Sparkling wine: Charme Delea Ticino 1 dl CHF 7.– / 7,5 dl CHF 45.–

OVAVERVA Apéro

White wine spritz (sweet or sour)	CHF	6.–
Aperol spritz (Aperol, Prosecco, soda)	CHF	10.–
Campari & soda/orange (Campari with soda or orange juice)	CHF	8.–
Campari & elderflower spritz (Campari, elderflower syrup, soda)	CHF	10.–
Hibiscus gin (gin with hibiscus tonic)	CHF	10.–
Sanbittè Rosso (alcohol-free)	1 dl	CHF 4.–
Crodino Bitter (alcohol-free)	1 dl	CHF 4.–
Schweppes hibiscus tonic (alcohol-free)	2 dl	CHF 5.–

Declaration of origin / Allergens

Meat	Beef	Switzerland, Austria
	Turkey	Germany
	Chicken (Chicken Nuggets)	Brazil ¹
	Chicken breast	Switzerland, Poland or Brazil ¹

Sausages and cold cuts

Wieners (pork)	Switzerland
Salami (pork)	Switzerland
Cooked ham (pork)	Switzerland
Raw ham (pork)	Italy
Lyoner sausage (pork)	Switzerland
Coppa (pork)	Italy
Streaky bacon (pork)	Switzerland
Meatloaf (pork/beef)	Switzerland

Fish	Alaska pollock (fish sticks), wild seafood	North-West Pacific
	Tuna fish, wild seafood	Indian Ocean
	Pike-perch fillet, wild seafood	Europe

¹ Can be produced with non-hormonal performance boosters such as antibiotics.

Allergens

We will be pleased to provide you with information on possible allergens in individual dishes. Kindly ask our employee.

See our weekly menu for the sourcing of ingredients in our daily specials.

05/2022

English



OVAVERVA

Hallenbad • Spa • Sportzentrum

St. Moritz